

# COVID Safety and Action Plan

In accordance with guidelines set by the Centers for Disease Control and Eastern Pennsylvania Youth Soccer, our organization RIDLEY UNITED SOCCER CLUB will return to play with the following safety and action plan.

- a. Communication & Education · All players and parents will receive communication on our safety and action plan before return to play begins.
- b. Steps to Reduce the Spread
  - Parent determines players participation
  - Participation is limited to current registered players and coaches at the club, in good standing with the club
  - No more than 25 players/coaches to a field, 9:1 players to coach ratio, 22 players max in a session
  - Carpooling not recommended
  - Each player and their equipment should be at least six (6) feet from the next player when at rest
  - Coaches wear face masks
  - Players wear face masks when not involved
  - Safety signs must be placed
  - As players arrive, coaches will inquire how players are feeling. If they are ill or appear to be ill, club will send them home
  - Players travelling to or returning from any state on the PA Dept of Health's quarantine list should self quarantine upon returning home for 14 days. Please see PA Dept of Health website for up to date list
  - Club will supply a medical kit or bag with gloves, extra masks, sanitizer, and facial tissues
  - Only coaches may touch or move equipment. Players do not touch or move equipment
  - Club will sanitize all equipment after training
  - Minimize interaction with other teams that train before or after you
  - Emphasize player should go straight to cars
  - Players and coaches pack hand sanitizer and a face mask in his or her bag · Player never share water, snacks or equipment
  - All of the above steps to reduce the spread must be followed during every stage except for any that are specifically reversed as part of the reopening plan

Phased schedule of reopening plan

Stage 1 (2-3 weeks)

- County has gone from Yellow to Green · Training permitted within organization only
- No body contact, social distance during training
- No games, scrimmages or league participation permitted
- Reduced numbers of participants
- No shared equipment
- Spectators not permitted, parents can stay in vehicle
- Coaches must wear masks when with participants

#### Stage 2 (2-3 weeks)

- County remains Green
- Body contact is permitted during training and games
- Scrimmages and friendly games with other clubs in same Green county permitted
- Players on sideline must wear masks and practice social distancing from each other
- Players should avoid celebrations involving contact (no high fives, etc)
- No pre game or post game lineups for handshakes or contact of any kind
- No league participation permitted
- Spectators permitted with social distance
- Coaches must wear masks when with participants

#### Stage 3 (2-3 weeks)

- County remains Green
- Scrimmages and friendly games with other clubs in all Green counties permitted
- Players on sideline must wear masks and practice social distancing from each other and assistant referees
- Players should avoid celebrations involving contact (no high fives, etc)
- No pre game or post game lineups for handshakes or contact of any kind
- No league participation permitted
- Coaches must wear masks when with participants

#### Stage 4 (2-3 weeks)

- County continues positive progress in Green with most government restrictions lifted
- League participation is permitted
- Players on sideline must wear masks and practice social distancing from each other and assistant referees
- Players should avoid celebrations involving contact (no high fives, etc)
- No pre game or post game lineups for handshakes or contact of any kind
- Social distance of spectators recommended during league games
- Coaches must wear masks when with participants

c. Identification of COVID exposure

- Parents of participants will notify the board of RIDLEY UNITED SOCCER CLUB if the participant or someone in the participant's home is presumptive positive or tests positive for COVID.
- RIDLEY UNITED SOCCER CLUB will notify participants who came in contact with the individual of potential exposure following CDC guidelines and HIPAA regulations on confidentiality.

d. COVID Point of Contact For all RIDLEY UNITED SOCCER CLUB COVID related policy questions and concerns, the individuals below will serve as the point of contact.

- Ron Baldino  
(484) 571-9432

By agreeing I acknowledge that I have read the above safety guidelines and agree to abide by them.