

# On the Sidelines

## Ridley United Soccer Club

### ***Profile of the Month: Jack Cavanaugh***

#### **Town, Family, Day Job:**

Woodlyn. Wife of 24years Ann, daughter Beth Anne junior at University of Notre Dame, son Jack , junior at Cardinal O'Hara, dog Marley. Associate Executive Director Carson Valley Children's Aid, a non-profit children and youth agency serving at risk youth in Delaware, Montgomery, Bucks and Philadelphia counties.

#### **Background with the club:**

I coached both of my children who went through the club from intramurals to the travel teams. My daughter's travel team was Ridley United's first girl travel team. Later got involved in the administrative aspects of the club and was the club's representative with PAGS and later the club's Treasurer.

#### **What you like best about soccer (your position, coaching, playing...):**

Enjoyed coaching, stressed teamwork, integrity and respect. Learning how to win and lose graciously. It was a pleasure to watch the kids grow and mature. Enjoy working with a great group of volunteers who really care about the Club and the kids.

#### **What do you like least about soccer (your position, coaching, playing...):**

I was always blessed with a great group of kids and their parents. No complaints.

#### **How do you see your future with the club, or the future direction of the club:**

I'm really excited about the future of the club. Membership has grown, we now have our own Club House "Dome" and our collaboration with Ridley Park Athletic Association for the field improvements at Catania Field will benefit both clubs.

## NEWS & COMING EVENTS

Welcome to all new and returning players for another fun filled season. I want to say thanks for your support and dedication to Ridley United Soccer Club.

The spring season will start on March 15. You should receive a call and/or an e-mail from your coach about a week before the season starts.

Remember that every player will need shin pads and a soccer ball. If you did not get a uniform and paid for one, there will be tables set up at each field (Edgewood and Ridley Municipal) on the first day of the season, where you can pick one up. See our website [www.ridleyunitedsoccer.org](http://www.ridleyunitedsoccer.org) for information and the contacts.

Andy Raudabaugh - President

- Travel Tryouts for Fall 2009 begin May 3<sup>rd</sup>
- Goalie Clinic begins July 12<sup>th</sup>
- Ridley United Invitational August 8<sup>th</sup>
- Fall Intramural Season Starts Sept 12<sup>th</sup>

**All Dates Subject to Change, visit:**  
[www.ridleyunitedsoccer.org](http://www.ridleyunitedsoccer.org)

## CONGRATULATIONS

**Rick Floyd** was awarded Volunteer of the Year for 2008. This award recognizes those who give an extraordinary amount of time and effort to promote soccer and to give the players and coaches the best possible atmosphere and arena to participate.

The volunteer must demonstrate a continued willingness to promote players and/or the game and be a positive role model for the community beyond soccer.

**Jack Cavanaugh** was nominated for the Service to Youth Award for 2008. Probably EPYSA's most prestigious award this honor is awarded to an individual who, over a period of years, has made outstanding contributions to youth and the sport of soccer. The individual must have dedicated their time on and off the field to instilling the principles of good sportsmanship, the development of youth in soccer, and the promotion of soccer, EPYSA and it leagues and teams.

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### **Profile of the Month (cont.):**

#### **Fun Stuff:**

Favorite Color: Ridley Green

Favorite Food: Italian

Favorite Restaurant: Fellini's

Favorite Book: Good to Great

Favorite Movie: Godfather Part 2

Favorite Group/Singer/Song: James Taylor

Favorite TV Show: The Office

Favorite Quote: " We make a living by what we get,  
we make a life by what we give"

*Thank you Jack, for letting us get to know you a little better.*

### Here are five quick throw-in tips:

1. Quick throw-ins increase the chances of your team scoring goals.
2. Make sure every player on your team knows how to take a throw-in.
3. Don't slow the game down by calling for a designated thrower.
4. Throw the ball towards the opposition goal "down the line".
5. Don't stop players who are first to the ball from taking quick throw-ins.

### **Referee Courses**

Ridley United is hosting an **EPYSA Sponsored Grade 8 Referee Course** on **March 24, 25, 26, 31 and April 1 & 2** at the Ridley United Club House.

**Plus!** Ridley United Youth can earn money refereeing our **Intramural games!** There will be an **Intramural Referee Clinic** on **March 8** from **2-3 p.m.** Email **Art Stretton @ aaaa@rcn.com** or call 610 461-0803 for more information.

## Other News

### **TEXAS HOLD 'EM**

Come out and support the  
Ridley United Soccer Club  
and the  
Ridley Park Athletic Club

**March 14<sup>th</sup> 2009**  
**At the Ridley Park**  
**Athletic Clubhouse**  
**7 PM Hard Start**

### **Limited Seating-sign up early**

**\$60 Entry Fee at the door**  
**(must be 21)**  
**\$50 Entry Fee in advance to**  
**Bill Rouse**  
**babouse@comcast.net**  
**610-322-3504**  
**Food & Drinks Included**

**U10 Girls Rhinos:** The Rhinos will be playing in the U11 division of Pags next year. If you were born between 08-01-98 - 07-31-99 and have the skills to play travel soccer, please contact Coach Joe at [ja1094@comcast.net](mailto:ja1094@comcast.net) or by cell at 610-715-3493. We will be looking to add at least 4 new players.

Any questions, comments or suggestions for future newsletters  
please contact:

Kathy Opperman @ [ridleyunited@hotmail.com](mailto:ridleyunited@hotmail.com)